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23 September 2024

Dear Parent/Carer,

Re: PSHE Curriculum Information

As a part of your child's education at Grace Academy Solihull, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education gives young people the knowledge, understanding, attitudes and practical skills to live happy, safe, healthy lives and meet their full potential.

I am writing to let you know the overview of topics from Year 7 to Year 13, some of which also include the Relationships and Sex education (RSE) aspect of this programme. Since September 2020, all secondary age children will be taught Relationships, Sex and Health Education ("RSHE") under statutory government guidance.

PSHE education is reviewed regularly by the staff and governing body, and is underpinned by our Academy's ethos and values.

As parents/carers are the first teachers of their children, we aim to work closely with you when teaching these subjects.

- 1) Please read the attached [***"Understanding Relationships, Sex and Health Education at your child's secondary school: a guide for parents"***](#) – produced by the Department of Education, this includes the information on your parental Right to Withdraw.
- 2) On the [PSHE area of our website](#) are the topics your child will be taught during their time at the Academy.
- 3) Please also take a look at the [Policy for RSHE](#) on our website.

If you have any questions at all about the topics your child will study as part of PSHE please do not hesitate to contact me at the Academy.

Yours sincerely,

Emily Foster
Ethos Leader