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24 September 2024

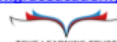
Dear Parent/Carer,

RE: Year 11 “Building Healthy Relationships” Day 2.10.2024

We would like to inform you that your child will be taking part in an off-timetable day on **Wednesday 2 October**, as part of their Relationships and Sex Education (RSE) and Personal, Social, Health Education (PSHE) learning. Our aim is to support students in developing their self-esteem and ability to make intelligent, informed choices based on their values so they can build happy, healthy, and safe relationships.

The aim of the day is to allow the students to explore their own attitudes and values to sex & relationships in a safe learning environment. The day will include a carousel of workshops with specialist guests as noted below:

<u>Workshop:</u>	<u>Learning:</u>
It’s About Consent - Grace Foundation www.grace-foundation.org.uk/	Students will learn about sexual consent and the choices they have.
“Trust Me” - Loudmouth Theatre Productions https://www.loudmouth.co.uk/programmes/programme/trust-me	This Drama Performance teaches about a wide range of sexual health issues including STI’s, contraception and consent.
Family Life - PSHE Association https://pshe-association.org.uk/	Students will learn about relationships, marriage and parenting.
Pornography - Naked Truth https://www.ntruth.education/our-lessons	<p>To give students an overview of the issues of pornography around the questions:</p> <p>‘Is it good for me?’ - This section explores scientific evidence showing that pornography use can lead to addiction and other physical & mental health issues.</p> <p>‘What’s in this?’ - How do the messages & accepted behaviours found in pornography impact and influence pupils’ understanding of body image, consent, and healthy relationships.</p> <p>‘How did this get made?’ - This section unpacks the social justice issues related to some of the documented exploitation, coercion and abuse within the pornography industry.</p>



If you would like to withdraw your child from participating in this programme, please contact me via the academy's main office to arrange a meeting. We would also be very happy to answer any questions you might have about our "Building Healthy Relationships" programme, so please do not hesitate to contact me about this if you feel you need to via the main academy number.

Yours sincerely,

Miss Emily Foster

Ethos Leader